



A HOLY REDEEMER LIFECARE COMMUNITY



DONATION WISHLIST

Fruits & Vegetables

- Fresh Produce
- Canned Vegetables - No Added Sugar/Salt
- Canned Fruit - 100% Juice/Water
- Dried Fruit – No Added Sugar
- Infant Strained Fruits & Vegetables - No Added Sugar/Salt

Meat/Protein

- Canned Fish in Water - Salmon, Tuna, Sardines
- Peanut Butter – No Added Sugar/Salt
- Dried or Canned Beans - No Or Low Sodium
- Infant Strained Meat - No Added Sugar/Salt

Other Foods

- Olive or Canola Oil
- Hot Sauce
- Mustard
- Vinegar
- Dried Spices
- Tomato Sauce – Low Sodium
- Stocks/Broth – Low/No Sodium
- Tea/Coffee

Grains

- Whole Grain Cereal - Oatmeal, Cheerios, Wheat Chex, Corn Flakes, Etc.
- Whole Grain Bread
- Whole Grain Dried Pasta
- Brown Rice - 1 - 2 Lb. Bag
- Infant Cereal

Dairy

- Dry Milk
- 1 Qt. Skim, Or 1% Milk - Shelf Stable
- Evaporated Skim Milk
- Almond/Soy/Rice Milk - Unsweetened



To make a donation, drop off to
Drueding Center M-F 9am-4pm
413 W. Master St., Philadelphia, PA 19122
 Contributions can also be made via United Way #1259
www.druedingcenter.org

CONTACT:
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